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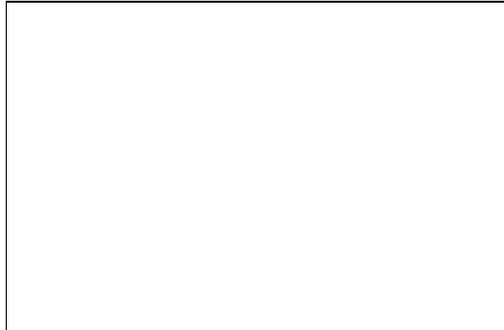
Welcome to this edition of Inter-action

The e- newsletter of Redcar and Cleveland Voluntary Development Agency..

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Volunteers needed January 2019



If you are looking for work experience or have time to give to help others take a look at some of the hundreds of volunteering opportunities available in Redcar & Cleveland.

Do you have time on your hands at the weekend? RCVDA would like to get together a team of volunteers to help out at the many **summer events** that are held in Redcar & Cleveland!

Interested? For more information contact Carole Marshall email: carole@rcvda.org.uk tel: 01642 440571 or for information on current volunteering opportunities in Redcar & Cleveland read [Volunteers needed January 2019](#)

The Happy Pear Evening Lecture

An inspirational talk from renowned plant-based chefs, David and Stephen Flynn

Teesside University is delighted to invite you to a special evening lecture from renowned wholefood and plant-based chefs The Happy Pear – David and Stephen Flynn.

Award-winning and international bestselling authors, YouTube stars and inspirational speakers, the Happy Pear have a fantastic talk planned for us and we can't wait for you to meet them.

Twins David and Stephen started The Happy Pear in 2004 in Greystones, Co. Wicklow, Ireland, to create a happier, healthier world and build community, to make healthy food and living accessible to everybody, and to encourage people to eat more veg. Their latest cookbook, Recipes for Happiness, is an international bestselling cookbook – within three days it became a No. 1 bestseller in Ireland, and it debuted in the Top 10 bestseller list in the UK. It contains delicious, easy vegan and vegetarian recipes for every day plus a whole section on David and Stephen's philosophy on happiness.

Join us to gain an insight into the happy, healthy world of The Happy Pear.

Teesside University

04 March 2019

5.30PM - 7.00PM

More details at http://www.tees.ac.uk/sections/whats_on/events_details.cfm?event_id=10805

Healthwatch South Tees #HaveYourSay! Priority Work-planning Workshop

As well as these, we are also focusing on mental health as an overarching priority. This is your opportunity to **#HaveYourSay**, helping to shape and improve the local health and social care landscape across our area.

If you would like to attend the event, you can confirm your place at:

<https://www.eventbrite.co.uk/e/healthwatch-south-tees-haveyoursay-event-tickets-53954270676>

Smallwood Trust Women First Fund



Women First Fund

The Smallwood Trust are inviting applications for projects that demonstrate good practice in achieving outcomes for women on low incomes by building their skills, confidence and aspirations to enable them to enter into employment.

The fund is open to charities, social enterprises and other non-profit organisations who have projects that support our mission of enabling women to become financially resilient. Please note, we are looking to fund existing projects that show evidence of good practice.

In this funding round we are prioritising applications from:

Greater Manchester

Newcastle, Teesside and other parts of the North East

Hull and Humberside

Leeds and Bradford

Sheffield

Merseyside

Rural communities in Kent, Cornwall, Cumbria, Dorset and Norfolk

Organisations can apply for grants of £10,000 to £15,000. We expect to award 10 - 15 grants in this round.

For further information about eligibility and how to apply please visit

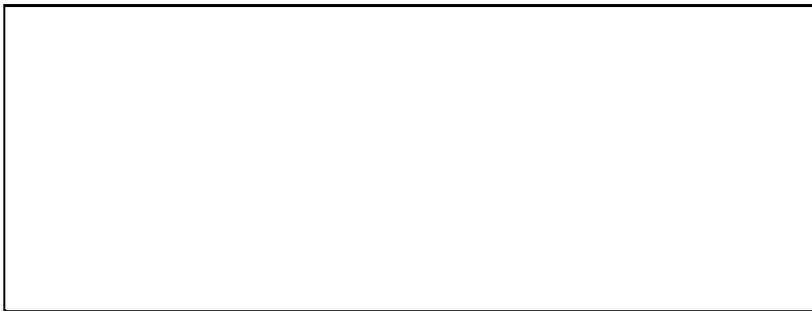
<https://www.smallwoodtrust.org.uk/women-first>.

The deadline for completed applications is 5pm on Monday 4th March 2019.

The successful applicants are expected to be notified in May 2019.



LSCBs Safeguarding Children Core Level 3



Safeguarding Children Core Level 3 Training - Monday 1st April 2019

Venue: Bridgeway Project - Allendale Road, Ormesby, Middlesbrough. TS7 9LF

Facilitator: This 1 day course is facilitated by Wendy Murdoch, Independent Trainer on behalf of the LSCBs

This training is suitable for members of the workforce who work predominantly with children, young people and/or their parents/carers and who could potentially contribute to assessing, planning, intervening and reviewing the needs of a child and parenting capacity where there are safeguarding concerns. (e.g. teachers, children's social care staff, health visitors, probation staff, midwives, school nurses, sexual health staff, youth workers, paediatricians, those working in the early years sector, GPs, residential staff, sports club welfare officers, those working with adults in, for example, learning disability, mental health, alcohol and drug misuse services, those working in community play schemes.) For more information or to apply for this

training course, please see [LSCB Safeguarding Children Core Level 3 Training](#).

Safeguarding Children Core Level 3 Update 2018/19 - Tuesday 2nd April 2019

Venue: Bridgeway Project - Allendale Road, Ormesby, Middlesbrough. TS7 9LF

Facilitator: This half day course is facilitated by Wendy Murdoch, Independent Trainer on behalf of the LSCBs

This is an annual update for staff who have already completed safeguarding children core level 3 training and who work predominantly with children, young people and/or their parents/carers. This may include teachers, children's social care staff, health visitors, probation staff, midwives, school nurses, sexual health staff, youth workers, paediatricians, those working in the early years sector, GPs, residential staff, sports club welfare officers, those working with adults in, for example, learning disability, mental health, alcohol and drug misuse services, those working in community play schemes and LSCB members. For more information or to apply for this course, please see [LSCB Safeguarding Children Core Level 3 Update 2018/19](#).



The Junction Foundation - Charity Business Manager



Charity Business Manager - 37 hours per week

£27,319 per annum, 3% cost of living increase per year subject to funding.

38 days annual leave per year, inclusive of bank holidays, rising to 43 days after 5 full years service.

The Junction is a local charity that supports some of the most vulnerable children, young people and families across Redcar & Cleveland and Middlesbrough and we are very protective of our reputation of putting children and young people at the heart of everything we do.

Are you a passionate leader determined to shape the development of the organisation and make a difference to the lives of Children, young people and families?

We require a dynamic, engaging and driven Charity Business Manager who is passionate about making a difference to the lives of children, young people and families. You will be an advocate for establishing highly effective systems and procedures to ensure safe working practices, financial sustainability and to evidence quality across the organisation. In addition, you will understand the need to bring out the very best in colleagues and to lead by example by working to professional standards.

If you'd like to be considered for this role please download an application pack from www.thejunctionfoundation.com or alternatively call 01642 756000 where a member of the admin team will be happy to send you an application via post.

Closing date: Wednesday 20th February 2019 at noon

Interviews: Friday 8th March 2019.

For more information on the post or for an application pack please visit

Trustee Recruitment - The Junction



Trustee Recruitment

Advertisement

The Junction Foundation is a well respected children, young people and families charity which predominantly work across the South Tees region (Middlesbrough and Redcar and Cleveland) and we are seeking new members for our Board of Trustees. The purpose of The Junction is to make a difference to the lives of children, young people and families.

Our Vision is a world where no child, young person or family are left to struggle. We want a world where there is always someone to talk to.

Our Mission is to empower children, young people and families to embrace life with confidence, facing life's challenges in a positive way.

Our place in Society: we are a force for good in a world that can be tough.

Our Values:

We listen: We'll never tell children and young people what we think they need. We let them shape their own support which empowers them towards healthier, happier lives.

We genuinely care: Our team is passionate about changing children and young people's lives. Our expertise is second to none, showing empathy towards each individual situation.

We don't judge: We never judge anybody. Children and young people are free to express themselves as they wish.

We empower: We go on adventures, push young people out of their comfort zones and tackle issues head on. We show them their potential and believe they can accomplish anything they want to.

Life Changing Objectives:

- Supporting children, young people and their families to rise above life's challenges
- Working with children, young people and their families to unlock their potential and exceed their expectations
- Making life better for young carers, young adult carers and their families

We achieve this through our five services:

- Emotional Wellbeing Service – which provides early interventions and prevention and specialist counselling support to children, young people and families that have difficulties with their emotional wellbeing and mental health

- YES (Youth Employment Service) – who provide support for young people who are furthest from the employment market back into education and employment
- Young Carers Service –provides family work, groups and emotional support and social opportunities to children and young people with caring responsibilities.
- CREATE Youth Services provides structured group work to young people to reduce social isolation and develop social and emotional capabilities.
- Specialist Transport services – for children and young people, both to enable them to access The Junction’s services and education and support opportunities.

If you would like to contribute to the work of The Junction and its strategic direction we would like to hear from you.

Role of the Board of Trustees/Directors

Trustees are responsible for ensuring The Junction meets its obligations under the charity's governing document and charity and company law. The Board of Trustees must always act in the best interests of the The Junction and must act as a group and not as individuals.

Key Responsibilities

Ensure that The Junction Foundation complies with and pursues its objectives as set out in the Memorandum of Association, charity law, company law and any other relevant legislation or regulations.

Ensure The Junction Foundation applies its resources exclusively in pursuance of its objectives, it must not spend money on activities which are not included in the objectives.

Contribute actively to the Board of Trustees role in agreeing with the Senior Leadership Team the strategic direction for The Junction Foundation, agreeing overall policy, defining goals and setting targets and evaluating performance against agreed targets.

Safeguard the good name and values of The Junction Foundation through the receipt of reports monitor the financial stability of The Junction Foundation.

Appoint and support the Chief Executive Officer and monitor their performance; normally the role of the Chair and Vice-Chair of Trustees.

In addition to the above statutory duties, each trustee should use any specific skills, knowledge or experience they have, to help the Board of Trustees reach sound decisions. This may involve leading discussions, challenging discussion, focusing on key issues, providing advice and guidance on new initiatives, evaluation or other issues in which the trustee has special expertise.

Time Commitment

Trustees are expected to attend an induction session at The Junction Foundation prior to their first board meeting. Board meetings are held six weekly and usually last a couple of hours. Trustees are expected to attend all board meetings, or to send comments to the Chair if they are unable to attend as well as tendering apologies. Additional meeting for strategic planning and board development will be agreed in advance and with plenty of notice.

Papers are distributed one week in advance of meetings. Trustees may be asked to join one of our sub-committees, each of which meets four times a year, for approximately two hours.

Tenure

The role will be for an initial three-year term. Re-appointment for a further 3 years with agreement of all parties.

All board members new to the role will be given a full induction into the work of The Junction Foundation and their role as a Trustee dependant on their level of experience.

If you are interested in applying the role of Trustee please contact Beth Major, Chief Executive Officer on 01642 75600 or beth.major@thejunctionfoundation.com or fill out the application form on our website.



Success Club Social Leaders

SUCCESS CLUB SOCIAL LEADERS

Success Club Social Leaders provides a structured programme of support, over 9 months, for female leaders in the voluntary, community, and social enterprise sector in the North East of England.

Who is it for?

Women leaders and managers of small and medium scale organisations, not-for-profit initiatives and projects. And those with regional responsibility/influence, within larger and national organisations.

Why?

A focus on Leadership Strategies and active development of female Leaders has been shown to positively impact working relationships and the success of organisational improvement and growth activities.

Programme Aims

- To create sustainable organisations.
- To embed change.
- To build confidence and inspire success.
- To develop well-rounded leaders.
- To develop trusting relationships, mutual support and collaboration, by taking a longer-term approach and facilitating honest conversations, true learning, and the building of real momentum.

Programme Structure

- 2 hour facilitated development sessions, once a month (excluding August) from March to December 2019.
- Workshops to provide a practical, strategy based toolkit leading to actionable steps and the integration of new habits.
- Groups of 10 - 12, will provide a powerful community and peer support network to ensure progress and goal achievement.
- Sessions will provide a safe and confidential environment that allows for individual learning.
- **Three Core Themes**
 - ❖ Developing you as the leader
 - ❖ Stakeholder development
 - ❖ Developing the organisation (or team)

Workshops Dates & Venue

Dates, second Wednesday of the month from 10 am - 12 noon (other than those starred *, which are third Wednesday). Newcastle venue - Building Futures East, Low Yard, White St, Newcastle NE6 3PJ. (Easy access from Newcastle and the north, and south of the river via A19 and Tyne Tunnel. Also accessible on public transport.)

Theme 1 - Developing You as the Leader

- Personal Leadership - 13th March 2019
- Balance - 10th April 2019
- Resilience - 8th May 2019

Theme 2 - (External) Stakeholder Development

- Taking Stock - 12th June 2019
- Stakeholder Management - 10th July 2019
- No August session
- Stakeholder Development - 11th September 2019

Theme 3 - Organisation/Team Development

- Management, People and Processes - 16th October 2019*
- Team and Resilience - 20th November 2019*
- Continuous Improvement Culture - 18th December 2019*

Investment

Level 1

£375 per delegate to include 9 facilitated sessions plus access to an online support group for the lifetime of the programme, providing encouragement, challenge and accountability, as well as the opportunity to ask questions and connect with the facilitator between sessions.

Level 2

£550 per delegate to include everything in Level 1, plus access to additional Success Club Virtual benefits, including

- ❖ Relevant online courses in Success Club Academy (lifetime access).
- ❖ Resources, templates and checklists.
- ❖ Monthly group Zoom (online meeting) sessions for additional support and accountability between face-to-face sessions.

Facilitator

Julie Johnson, founder of the Success Club for female leaders and business owners

- Worked in HR, Training, Consultancy, Project Management and Management since 1985.
- Run my own business since 2002.
- Finalist in NE Women Entrepreneur of the Year Awards 2013.
- Experienced Coach, accredited with The Coaching Academy and Coaching and Mentoring International.
- Accredited member of the Association of Professional Coaches, Trainers and Consultants
- (APCTC.)
- Fellow of the Chartered Institute of Personnel and Development (FCIPD).

- Recognised by CIPD in 2016 as providing exceptional service to human resources and people development for over 30 years.
- Fellow of The Institute of Leadership and Management (FInstLM).
- Lead consultant and contributing author to 'Pressures, Promotions, Pay-rises and Parity:
- A study exploring the barriers to women's confidence and progression in the workplace.'
- Twice published author

- ['Stepping into Success – The 7 Essential Moves to Bring Your Business to Life'](#)

- ['Top 10 Business Lessons from a Small Business Owner: My Entrepreneurial Journey and How to Achieve Success on Your Own Terms'](#)

[Journey and How to Achieve Success on Your Own Terms'](#)

- Sage Business expert, recognised (by Sage UK) for her contribution to the business community, her knowledge, influence, and online presence
- Author of ebooks (access via [Success Club website](#) or [email Julie](#))
 - Discover what's holding you back (It's probably not what you think)
 - Top 10 time-stealers and how to deal with them
 - 3 Keys to growing a successful business
 - Three accidental mistakes managers make and how to avoid them

Feedback from 2018 pilot programme delegates

"I've found this programme really useful.....Its given me the time and space outside of the work environment to focus and highlight habits (good and bad!) And it's supporting me to establish practices that benefit my work efficiency and productivity."

Trustee

"It's really useful to step outside of the daily list of "to-dos", to find some clear, calm water and reflect on what's working or not. It's sparked ideas that are helping me focus on what's most important in all the noise of my daily life." Services Manager

"This programme has helped to focus me. It's given 'time out' to seek clarity around certain blockages and issues, and explore tools to help address them." Development Manager

“It’s a small group course which will help you to develop skills not only as a leader but in life” Head of Operations

www.the-successclub.co.uk Contact <mailto:jj@the-successclub.co.uk> or 07745 136624

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