

How to find us

You can visit us at:

Cancer Information Centre University Hospital of North Tees

Hardwick
Stockton on Tees
TS19 8PE

We are open Monday to Friday (except Bank Holidays)
9.30am to 4.30pm.

Cancer Information Centre University Hospital of Hartlepool

Holdforth Road
Hartlepool
TS24 9AH

We are open Wednesday 9.30am to 4.30pm

Just call in at either centre during opening hours, no appointment needed, you do not have to be referred.

Call 01642 383041 Monday to Friday, 9.30am to 4.30pm
(A 24 hour answerphone is available) or
email CancerInformationCentre@nth.nhs.uk

We're here to help you find your best way through from the moment of diagnosis, so you're able to live life as fully as you can. For UK wide information, support or just someone to talk to, call 0808 808 00 00 or visit macmillan.org.uk



MACMILLAN
CANCER SUPPORT



Cancer Information Centres, Stockton on Tees and Hartlepool, supported by Macmillan professionals

In partnership with



North Tees and Hartlepool
NHS Foundation Trust

Who we are

The University Hospital of North Tees and the University Hospital of Hartlepool Cancer Information Centres provide a confidential service for anyone living with cancer. The centres are staffed by two Macmillan professionals, along with trained volunteers.

How can we help

When you're living with cancer having the right kind of information and support, at the right time, is essential. Our centres can help with:

- literature on all aspects of living with cancer eg work, finances, social concerns, emotional issues and managing side effects
- the opportunity to discuss treatments, side effects and other cancer related issues
- a private room to talk to someone in confidence
- information and support over the phone for those not able to access the service in person
- access to financial advice including welfare benefits
- access to local information and support.



We also offer

- links to local and national support services
- signposting to self help and support groups
- access to support group provision managed by centre staff
- access to financial advice and Macmillan benefits advisers
- access to information regarding energy costs
- links to other voluntary and statutory agencies
- Look Good, Feel Better skincare and make-up workshop
- a weekly craft and chat session
- weekly walk and talk group
- weekly gossip and garden.