

Community Programme

Mental Health & Wellbeing Forum

Monday 12th June

Meeting: 1:00pm – 2:30pm

Networking Opportunity: 2:30pm – 3pm

Venue: Starfish Health & Wellbeing, 6-8 Yarm Road, Stockton-on-Tees, TS18
3NA

Agenda

1. Welcome & Introductions
2. Apologies
3. Update from Wellbeing Hub Project Manager – *Sarah Jones (she/her), Wellbeing Hub Project Manager, Catalyst*
4. Queer Mental Health: Issues around wellbeing in the LGBTQIA+ community – *Mookaite Jasper (they/them), Founder, Queer Yoga North*
5. Opportunities to work with the mayor – *Sarah Jones, Catalyst*
6. Feedback from other relevant meetings
7. Round Table Updates
This is an opportunity for those present to update the rest of the forum with any information/updates/promote activities
8. Any other business
9. Networking opportunity (final 30 minutes)
10. Date and Time of next meeting
 - Monday 7th August, 1pm – 2:30pm