

# Community Programme

## **Mental Health and Wellbeing Forum**

### **2024 Meeting Dates**

- Monday 5<sup>th</sup> February, 13:00pm – 15:00pm
- Monday 15<sup>th</sup> April, 13:00pm – 15:00pm
- Monday 3<sup>rd</sup> June, 13:00pm – 15:00pm
- Monday 5<sup>th</sup> August, 13:00pm – 15:00pm
- Monday 7<sup>th</sup> October, 13:00pm – 15:00pm
- Monday 2<sup>nd</sup> December, 13:00pm – 15:00pm