Hartlepool and Stockton Health

Menopause Drop-In Cafés

Whether you want to chat about symptoms, find out more about services in the area, or just meet people with similar experiences, our aim is to support people in coming together and talking about Menopause in a safe and relaxed environment.

We won't be offering or recommending treatment but we'll be happy to talk to you about having a conversation with a healthcare professional.

REMEMBER ME TEAROOMS

Finkle Street
Stockton
TS18 1AR

Open to **anyone** regardless of which GP practice you're registered at.

First Tuesday of Every Month

6 - 7:30pm

Come and talk to us. We're here to listen.